

Gateway CSB Presents Groundbreaking Mental Health Intervention with their Transcranial Magnetic Stimulation (TMS) Clinic

Savannah, Georgia – [Gateway Community Service Board](https://gatewaycsb.org) (CSB), a leading provider of mental health services in Georgia, proudly announces the launch of its Transcranial Magnetic Stimulation (TMS) program, historically offered primarily in private practice settings. TMS provides a non-invasive, effective alternative for individuals battling treatment resistant depression, OCD and tobacco use disorder, delivering significant results with minimal side effects.

The TMS program is led by Dr. Emily Aquadro, a psychiatrist and post-doc research fellow with the [Center for Brain Circuit Therapeutics](#) at Brigham and Women's Hospital. Dr. Aquadro brings a deep commitment to advancing treatment options for depression and other mental health conditions. The Gateway CSB team is poised to make a profound impact on the lives of those suffering from difficult to treat psychiatric conditions.

Notable Benefits of TMS:

1. **Minimal Side Effects:** Clinical trials indicate that side effects are generally mild and transient, with rare occurrences of severe effects.
2. **Long-Lasting Results:** Studies show that 60-80% of patients experience significant improvement in depressive symptoms, with two-thirds maintaining benefits for a year or more.
3. **Safe & Non-Invasive:** FDA-cleared, covered by most insurance plans, and can be used alongside other treatments. No anesthesia or sedation is required, and patients can resume normal activities immediately after treatment.
4. **Positive Improvements:** Patients often report better mood, improved sleep, increased energy, and enhanced coping skills.

In addition to adults benefiting from this treatment, as of April 2024, the FDA has approved TMS devices to treat Major Depressive Disorder (MDD) in adolescents aged 15 to 21. TMS is a non-invasive procedure that uses magnetic pulses to stimulate the brain.

TMS sessions at Gateway CSB last approximately 30 minutes, with a recommended treatment plan of five sessions per week for 4-6 weeks to achieve optimal results. Gateway CSB encourages patients to view their sessions as a form of self-care, offering a dedicated time for relaxation and personal well-being.

Gateway CSB offers TMS services at their Savannah location, the Magnolia Clinic at 4451 Paulsen St., Savannah, GA 31405. To schedule an appointment or learn more about the program, please call 912-790-6211. Please note that while Gateway CSB is making efforts to obtain funding support for uninsured and Medicaid patients, the program only accepts private insurance or self-pay at this time.

About Gateway Community Service Board

Gateway Community Service Board is dedicated to providing comprehensive and compassionate mental health care for individuals of all ages. Our team of experienced clinicians, psychiatrists, nurse practitioners, and therapists and other care staff strive to make a positive impact on the lives of those we serve. To learn more, visit www.gatewaycsb.org.

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